

Reach fitness and weight loss goals with Minuteman Health. Our fitness and weight loss reimbursement programs will help you on your way.



## MINUTEMEMBER FITNESS CLUB BENEFIT

### GET FIT. GET ACTIVE.

MinuteMembers who sign up at a fitness club below will be reimbursed the following (*per family, per calendar year*):

- 6 months of membership at Planet Fitness, W-Fitness or Work Out World
- 3 months of membership at YMCA or Gold's Gym
- 2 months of membership at Boston Sports Club, FitCorp or LA Fitness



## MINUTEMEMBER WEIGHT LOSS BENEFIT

### GET HEALTHY. GET STRONG.

MinuteMembers will be reimbursed for a five-month Weight Watchers® membership for one of the following programs (*per family, per calendar year*):

- Traditional Weight Watchers®
- Weight Watchers® at Work
- Weight Watchers® Online

#### To submit a reimbursement form:

1. Visit **MinutemanHealth.org**
2. Go to **I'm A Member**
3. Scroll down to **Member Resources**
4. Select **MA Wellness Reimbursement Form** in the **2017 Wellness Reimbursement Forms** drop-down menu.
5. Simply download, complete and include any required documents then mail to\*:

Minuteman Health, Claims Department  
One Monarch Place, Suite 1500  
Springfield, MA 01144

*\*Requests must be received no later than March 31, 2018.*

