



Clinical Review Criteria Related to Crisis Stabilization Unit

I. Criteria for Approval:

- A. The member is assessed by a mental health professional prior to admission.
- B. The member requires 24-hour unit-based clinical services to provide ongoing monitoring of risk to harm self or others.
- C. The member requires 24-hour unit-based clinical services to provide ongoing monitoring of safety and self-care needs.

II. What is Not Covered:

- A. Treatment of symptoms related to the direct physiological effects of drug abuse or prescription medication abuse.
- B. Treatment of symptoms or behaviors are due to a condition that cannot be impacted in a short-term treatment setting

Reference:

NCQA Standard, UM 2, Clinical Criteria for Utilization Management Decisions, Element A