



Clinical Review Criteria Related to Family Stabilization Team

I. Criteria for approval

- A. Minuteman Health Insurance (MHI) considers FST a comprehensive home-based service designed to assist the family in stabilizing children and adolescents when all of the following criteria are met:
 - 1. To be used as a diversion from inpatient hospital

OR

 - 2. To be used as a step-down from an inpatient level of care

OR

 - 3. The child and family are in need of intensive family intervention, school advocacy (needs possible alternative placement due to behavioral health problems), referral to a therapist and/or psychiatrist, possible collateral meetings with the Department of Mental Health, Department of Developmental Disabilities, Department of Children and Families and others.

- B. FST services can occur and be billed while a member is in a higher level of care (i.e., inpatient, Intensive Community Based Acute Treatment (ICBAT), or CBAT) for the purposes of collateral

Reference:

NCQA Standard, UM2, Clinical Criteria for Utilization Management Decisions, Element A