



## Clinical Review Criteria related to Repetitive Transcranial Magnetic Stimulation (rTMS)

### I. Clinical Criteria

- A. Members being referred for rTMS must present with Treatment Resistant Depression as evidenced by:
1. failure to respond to at least two adequate medication trials with antidepressants (of different types),  
**AND**
  2. adjunctive psychotherapy,  
**AND**
  3. a trial of an atypical antipsychotic combined with an antidepressant.
- B. The UM Reviewers will review the prior authorization request for rTMS according to the following specific criteria:
1. Member must have a diagnosis of Major Depression Disorder, severe and/or with GAF below 45,  
**AND**
  2. Member must have a treatment history that meets all three of the A criteria above  
**AND**
  3. Member must have been offered a trial of Electroconvulsive Therapy (ECT),  
**AND**
  4. The **treating** in-plan psychiatrist **must** complete the rTMS Prior Authorization (PA) Form. The physician to perform rTMS treatment must have demonstrated to MHI that they have appropriate training in this procedure.

### REFERENCES

NCQA Standard, UM 2, Clinical Criteria for Utilization Management Decisions, Element A

NCQA Standard, UM 2, Clinical Criteria for Utilization Management Decisions, Element A

Transcranial Magnetic Stimulation for Major Depression March 14, 2014, last accessed, 1/25/16  
<http://www.hayesinc.com/hayes/htareports/directory/transcranial-magnetic-stimulation-for-treatment-resistant-depression/>

Transcranial Magnetic Stimulation to Enhance Pharmacotherapy for Depression March 19, 2014, last accessed 1/25/16,  
<http://www.hayesinc.com/hayes/htareports/directory/transcranial-magnetic-stimulation-tms-to-enhance-pharmacotherapy-for-depression/>