



## Clinical Review Criteria Related to Biofeedback for Urinary Diagnoses

### I. Criteria for Approval

- A. Biofeedback is considered medically necessary for stress and/or urge incontinence in cognitively intact persons. Biofeedback is used in combination with pelvic muscle exercises to aid in strengthening the pelvic muscles that control urinary continence resulting in reduction of symptoms associated with urinary incontinence.
- B. In plan Gynecologists and GYN urologists are required to notify MHI of this service. All other providers in or out of plan must meet ALL of the following criteria:
  - 1. Diagnosis of urinary urge incontinence, urgency-frequency syndrome, and urinary retention
  - 2. Failed a documented four-week trial of pelvic muscle exercise training (PME)
  - 3. The patient is motivated to actively participate in the treatment plan, including being responsive to the care plan requirements such as practice and follow-through at home.
  - 4. The patient is cognitively intact and is physically capable of participating in the treatment plan, training is performed one on one, with face-to-face involvement with the member and practitioner.

### II. Required Documentation

- A. Documentation of unsuccessful past treatments: pharmacological, physical therapy and/or exercise treatments.
- B. The plan of care should include: goals of therapy and measurable objectives.

### III. What is Not Covered

- A. Patients with urinary obstruction, neurogenic bladder and specific neurologic diseases (e.g., diabetes with peripheral nerve involvement) which are associated with secondary manifestations of the above three indications are excluded.

#### ICD-9 Codes:

- 599.82 Intrinsic urethral sphincter deficiency (ICD-9 code 599.82)
- 625.6 Stress incontinence, female (ICD-9 codes 625.6)
- 788.30 Urinary incontinence, unspecified (ICD-9 codes 788.30)
- 788.31 Urge incontinence (ICD-9 code 788.31)
- 788.32 Stress incontinence, male (ICD-9 code 788.32)
- 788.33 Mixed incontinence (ICD-9 code 788.33)

#### CPT Codes:

- 90901 Biofeedback training by any modality
- 90911 Biofeedback training, perineal muscles, anorectal or urethral sphincter, including EMG and/or Manometry.



**HCPCS Codes:**

E0746 Electromyography (EMG), biofeedback device

**REFERENCES:**

NCQA Standard, UM 2, Clinical Criteria for Utilization Management Decisions, Element A

<https://www.cms.gov/medicare-coverage-database/details/ncd-details.aspx?NCDId=41&ncdver=1&bc=AAAAGAAAAAAA&>

Winifred S. Hayes, Inc., Biofeedback for the Treatment of Dysfunctional Voiding in Children, March 4, 2009, updated March, 2011, archived 4/4/12.

<http://www.hayesinc.com/hayes/>

(Last Accessed 7/27/15, 4/5/16)

Thubert T, Bakker E, Fitel X, Pelvic floor muscle training and pelvic floor disorders in women. 2015 May; 43(5):389-94. doi: 10.1016/j.gyobfe.2015.03.026. Epub 2015 Apr 25.

[Gynecol Obstet Fertil.](#)

(Last Accessed 7/27/15, 4/5/16)