



Clinical Review Criteria Related to Community Based Acute Treatment (CBAT) Program

I. Criteria for Approval:

- A. The need for a 24-hour, 7-day a week, awake, staff-secure (unlocked) treatment setting.
- B. Member requires short-term crisis stabilization and therapeutic services to include but not limited to psychiatric and pharmacological assessment.
- C. Member requires continuous monitoring to provide an ongoing assessment of risk of harm to self and/or others.
- D. Member's symptoms require a time limited period, generally 1-14 days for stabilization and successful transitioning back to the community.

II. What is Not Covered:

- A. Treatment of the effect of substance use in the absence of a DSM-5 mental health diagnosis.
- B. Treatment of antisocial behavior in the absence of an active DSM-5 diagnosis
- C. Treatments of symptoms or behaviors are due to a condition that cannot be impacted in a short-term treatment setting.

Reference:

NCQA Standard, UM 2, Clinical Criteria for Utilization Management Decisions, Element A