



Clinical Review Criteria Related to Continuous Glucose Monitoring System (CGMS)

I. Criteria for Approval

- A. MHI considers the use of a CGMS medically necessary when the following criteria are met:
1. Member with a diagnosis of Type 1 Diabetes, AND
 - a. The member is currently using an insulin pump or 3 or more injections of insulin per day, AND
 - b. The member has been compliant with insulin and testing blood glucose levels at least 4 times per day, AND
 - c. History of frequent and/or severe hypoglycemia (severe hypoglycemia being defined as blood glucose less than 50 requiring assistance from another person to identify and manage condition), hypoglycemic unawareness, or nocturnal hypoglycemia, OR
 - d. Recurrent unexplained hypoglycemia or hyperglycemia (frequent blood sugar less than 70 or greater than 200 for a period of over 30 days), OR
 - e. The member is unable to verbalize hypoglycemia symptoms due to age or developmental limitations.
** The member must receive training on CGMS use via an educator who is familiar with the use and interpretation.

Codes:

ICD-10: E10.9, E10.10 - E10.8, 024.011 – 024.913

HCPC: A9276, A9277, A9278

CPT: 95250*, 95251

*95250 = Ambulatory CGM for a minimum of 72 hours, hook-up, calibration of monitor, patient training, removal of sensor, and printout of recording

95251 = Ambulatory CGM for a minimum of 72 hours, interpretation and report

II. Required Documentation

- A. Letter of medical necessity from an ordering in-plan endocrinologist documenting member compliance of at least 3 months of blood glucose testing and medical treatment

III. What is Not Covered

- A. Gestational Diabetes (only – not meeting any other criteria points)
- B. Type 2 Diabetes
- C. Closed loop CGMS GlucoWatch Automatic Biographer and GlucoWatch G2 Biographer and Biostator Artificial Pancreas

REFERENCES:



NCQA Standard, UM2, Clinical Criteria for Utilization Management Decisions, Element A

Hayes, Continuous Glucose Monitoring Systems; Aug 13,
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American Diabetes Association, Clinical Practices, Standards of Medical Care in Diabetes,

http://care.diabetesjournals.org/content/39/Supplement_1
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